

2019 Events

Enterprise-wide:

April 1-30 - The 3rd annual Virtual Fitness Challenge - Participants can dedicate their fitness activities in honor and recognition of survivors of sexual assault and earn points for their activity. Participants record and submit their fitness totals by logging into the following website: **DefenseMWR.com/SAPR-VFC**, beginning April 1st.

Teal Tuesdays – Employees are encouraged to wear teal on Tuesday throughout the month of April to show their support for survivors of sexual assault. Wearing teal on Tuesday will also earn you points for the Virtual Fitness Challenge.

April 24th is National Denim Day. Civilian employees are encouraged to wear denim in support of survivors. Denim Day is a campaign to raise awareness about the myths and destructive attitudes of sexual assault.

HQC/Energy:

April 10th – HQC MWR will support the SAPR program and survivors of sexual assault with a 5k run/walk in honor of SAAPM. Details will be provided on HQC messenger and on https://www.defensemwr.com/.

Survivor Stories – Silhouettes will be placed throughout the HQC, each with a personal story of a survivor of sexual assault.

Teal Tuesday Awareness Tables – Tables will be in the café area each Tuesday during the month of April with SAPR program information, SAPR "swag", and information from community partners and service branch SAPR programs.

Sexual Assault: *Facts, Myths and Stats* door signs will be posted on doors and entryways throughout the HQC.

April 24 -Lunch and Learn - Neurobiology of Trauma- Guest speaker will discuss the impact of trauma, the relationship between trauma and memory, and how trauma affects the brain and behavior.

Distribution:

The Distribution Commander, RDML Jones will sign a proclamation, proclaiming the month of April as Sexual Assault Awareness and Prevention Month. Additionally, the Distribution Commanders will also sign a proclamation for display at each Distribution Center.

The Distribution Commander, RDML Jones will record a video message about Sexual Assault Awareness Month for dissemination across the Distribution enterprise.

April 24th in New Cumberland, there will be a 5K/2 mile walk with SAPR and MWR Fitness Department to help raise awareness of sexual assault. More details can be found on Defense.MWR.com/Susquehanna

SAPR information tables will be set up in Susquehanna and San Joaquin throughout the month of April with SAPR swag and awareness materials on sexual assault and local program resources.

Aviation

April 1st - SAAPM kick-off and Resource Fair. Local vendors and agencies will provide information on their services, volunteer opportunities, and available classes.

April 3, 10, 17, and 24th - "Pedal for Prevention" cycling class will be offered in conjunction with MWR.

April 22-26 Spirit Week leading up to our final SAAPM event, the Annual SAAPM 5K (TBD). During this week in April, we encourage our Aviation team to remain vigilant and involved with sexual assault awareness and prevention at all times. So our goal is to encourage daily participation leading up to our final event of the month.

Spirt Week events:

April 22—Organization Day – Encourage all members of various organizations to represent their organizations i.e. sororities, fraternities, volunteer organizations etc.

April 23—Teal Tuesday – Wear their teal in support of those impacted by sexual violence.

April 24—Denim Day

April 25—Jersey Day

April 26—SAAPM 5K (date subject to change)

April 30—DLA Policing Event - Celebrate our first responders who diligently protect and serve our DLA population daily.

Land & Maritime:

April 3rd - SAAPM Information & Activity Fair – The month's activities will be highlighted along with SAPR Program resources and information from community partners.

April 9th – **Teal Tea Awareness Event** – A guest speaker will present her personal story on human trafficking, how to recognize red flags of potential trafficking situations and sources of support for victims. DLA SAPR resources will be featured and tea and treats will be served.

April 17th – **Walk a Lap for a Survivor** - Information will be provided on ways to support a survivor, avoid victim blaming and intervene when safe and appropriate.

April 18th – SAAPM 5K – As a part of the MWR 5K series SAPR will partner with the Ohio National Guard and provide resource information on both programs.

Disposition Services/HDI Federal Center Battle Creek:

April 1-15 - The Clothesline Project Display will feature shirts that are created by survivors with messages of support and awareness. The shirts will be displayed on a clothesline in the foyer of the cafeteria.

April 2nd - Teal Tuesday Awareness Table, 1100-1300. Table will be in the cafeteria area with SAPR program information, EAP, and information from community partners. We will engage participants with the game, "What would you do?" to win SAPR "Swag".

April 16 at 1400 – Teal Tea Event – Featuring a prominent speaker who will share a message about sexual assault awareness and prevention. The event will be live-streamed for those unable to physically attend. It will be advertised by electronic invitation, All News email, posters, and leadership announcements.

April 25 at 1400 - Chalk the Walk – A one mile awareness walk –This event is in collaboration with MWR FAP for Sexual Assault Awareness and Child Abuse Awareness Month. Awareness messages about Sexual Assault and Child Abuse will be created using sidewalk chalk by employees, community members, and DLA children who participate in Take Your Child to Work Day. The one mile walk will conclude with the "planting" of a pinwheel garden in front of the HDIFC.

Survivor Stories – Silhouettes will be placed throughout the HDI Federal Center, each with a personal story of a survivor of sexual assault.

Troop Support

April 3rd - Teal Ribbon Campaign- Sexual Assault Awareness Prevention Month (SAAPM) events will start with Teal Ribbons being handed out in Building 6.

April 3rd - Opening Ceremony- There will be a kickoff event Opening Ceremony and Proclamation Signing, starting at 1100 lasting until 1200 hrs.

Information Tables/Handprint Banner- During the second week in April, information/awareness booths will be set up at buildings 3, 15 and 6.

April 11 – SAPR Educational Event - Troop Support SAPR will host the Pennsylvania Sexual Assault Resource Center (PSARC) and Women Organized Against Rape (WOAR). The topic and discussion be on Bystander Intervention.

April 23rd, 1100-1300 - Sexual Assault Awareness Walk and Photo. SAAPM events will conclude with a SAPR walk around the NSA perimeter and close with a group photo.